

Finder File Edit View Go Window Help

About This Mac

System Preferences...

App Store...

1 update

Recent Items



Force Quit Finder



Sleep

Restart...

Shut Down...

Lock Screen

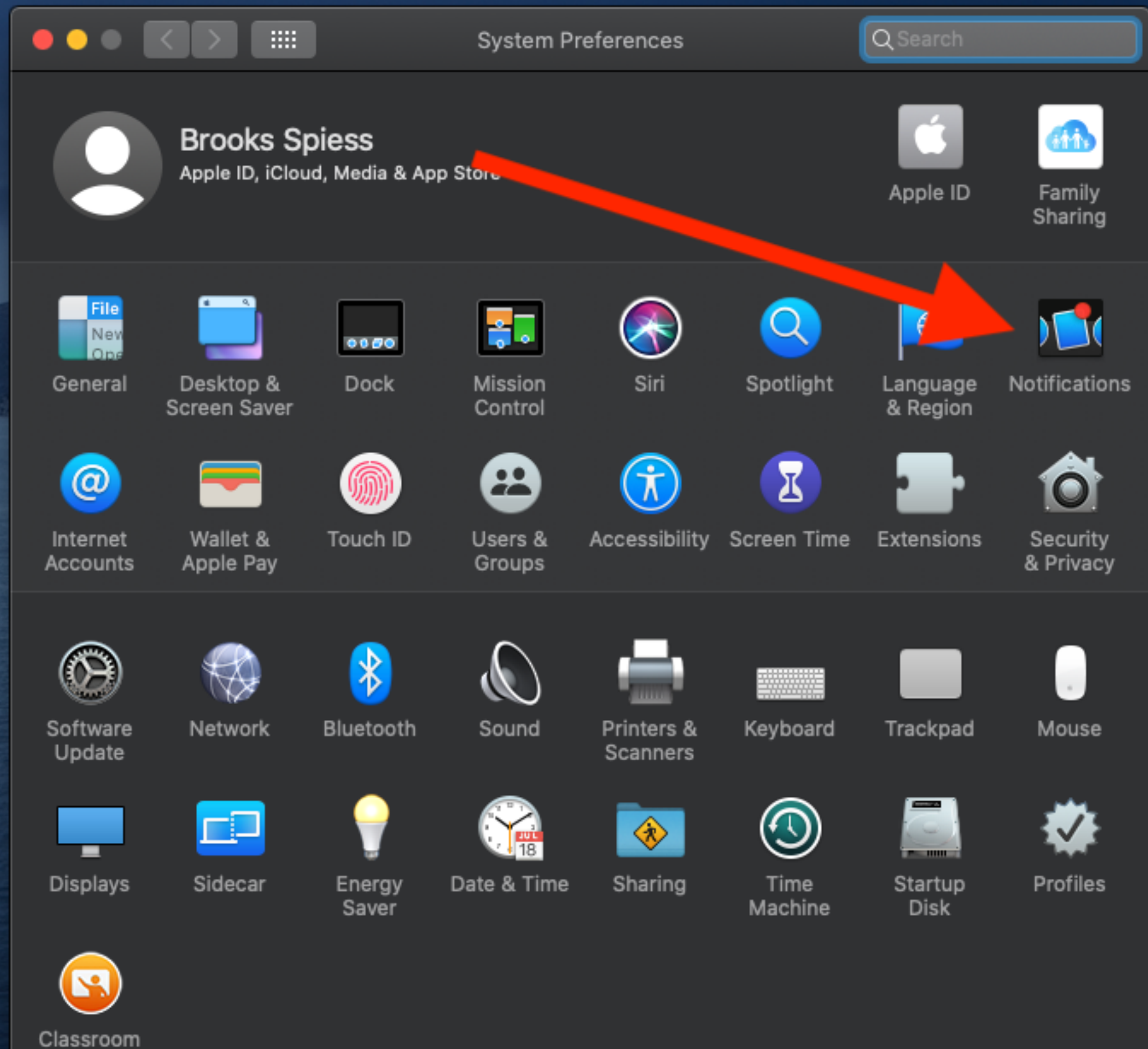


Log Out Brooks Spiess...

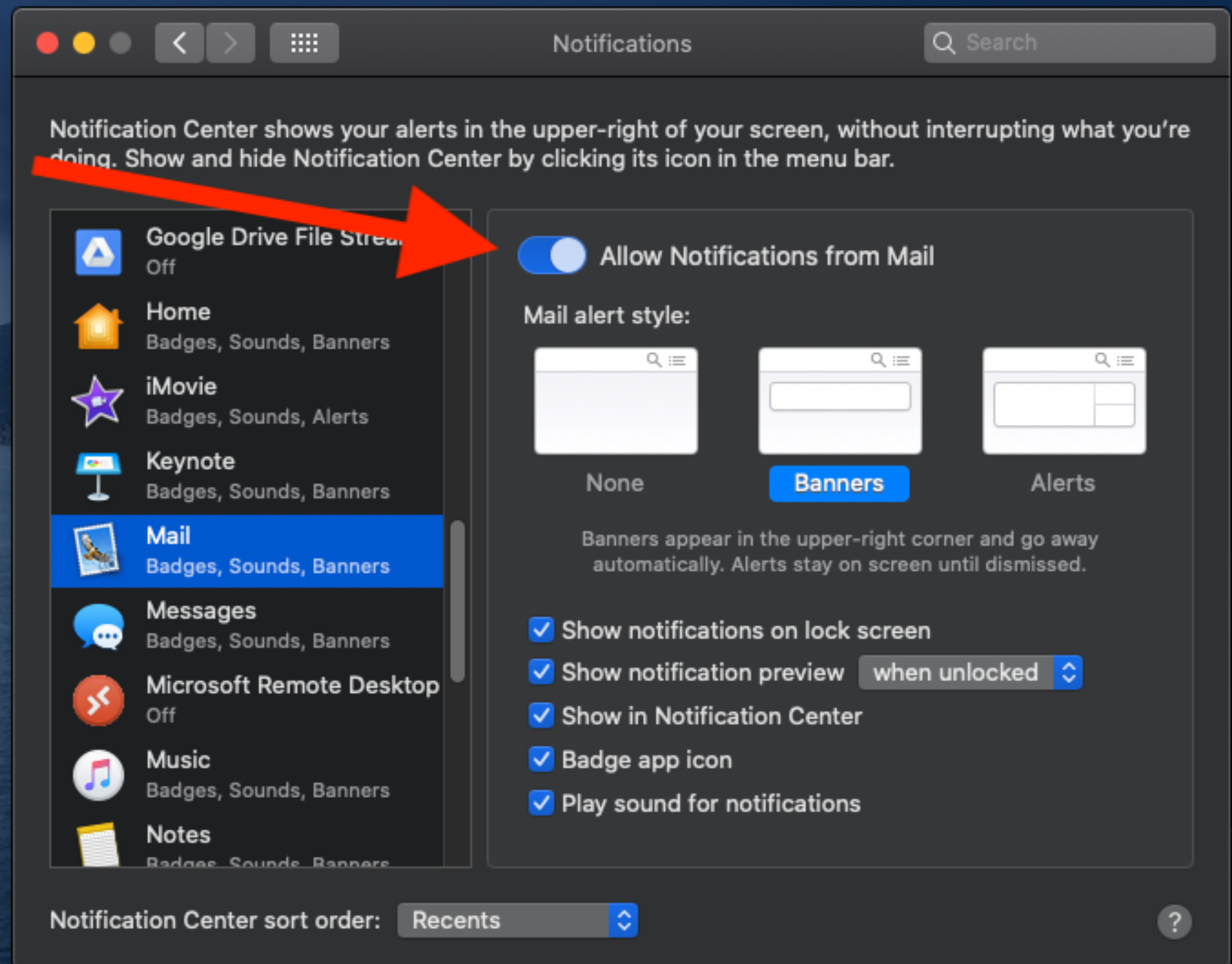


**Go to the Apple icon in the
top left corner of your laptop.
Click on System Preferences**

Click on the
“Notifications”
button



Scroll down to the app that you are concerned about to turn off notifications



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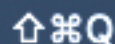
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Log Out Brooks Spiess...



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today

Notifications



NIGHT SHIFT

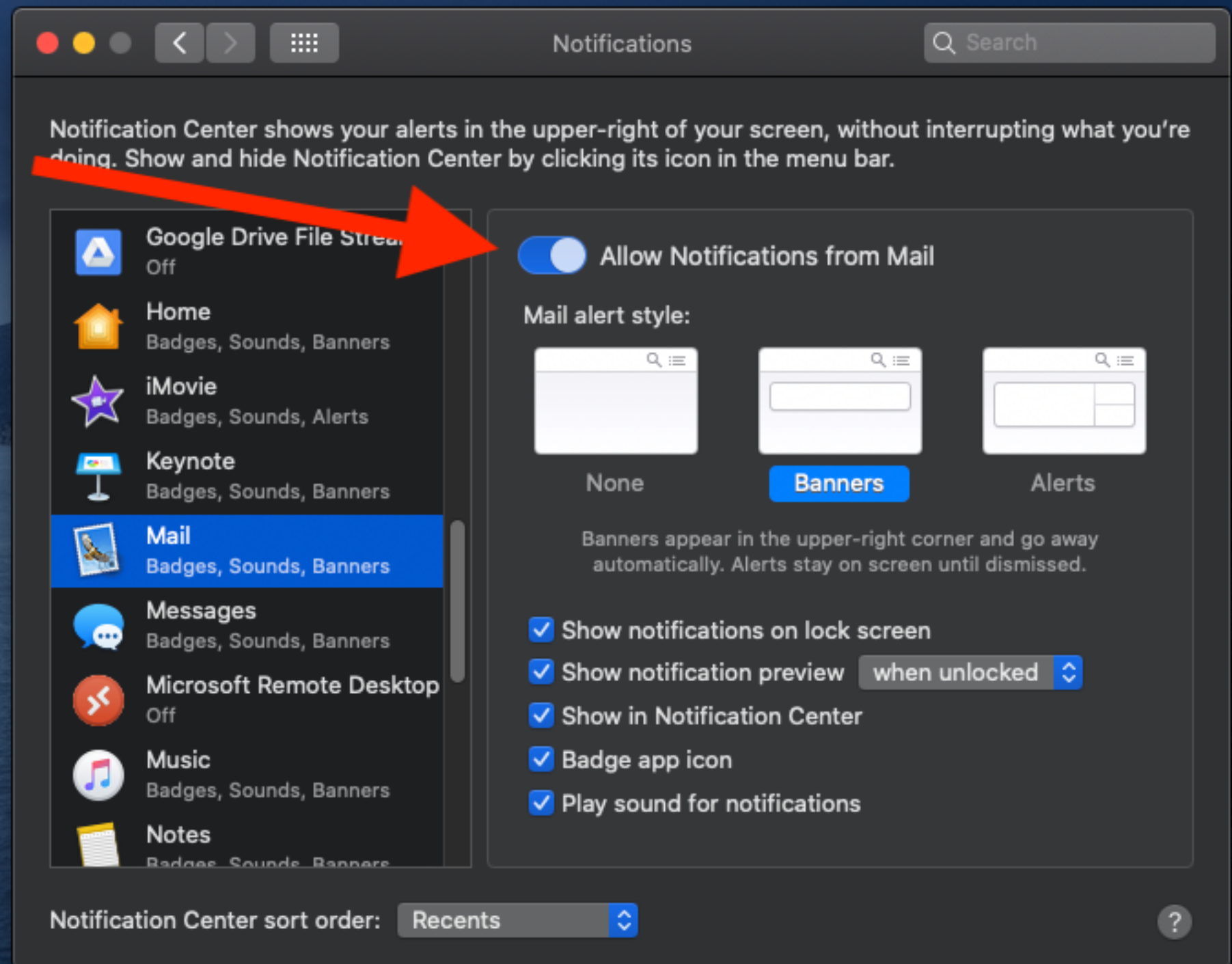


DO NOT DISTURB



If you're just trying to silence notifications because you are creating a recording or you are about the live stream, click on the 3 bars above, scroll up, and turn on Do Not Disturb

Scroll down to the
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concerned about
to turn off
notifications



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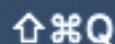
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